

Greetings, 🌍

I need 3-5 minutes of your attention. Welcome to the new **Sustainable Speakers** Toastmaster year.

This is my first rodeo in writing a newsletter in its entirety - so thank you for being on this ride with me.

My hope is to keep you engaged with short pieces that inform and inspire. ❤️

Colette

☐ **Glad to Have New Members to Sustainable Speakers** – 🙌

👤 Amilton Paulo

👤 Didar Dulai

👤 Jan Niklas-Heintze

👤 Joe Hattersley

👤 Irfan Ali

👤 Maria Kaltsidis,

👤 Olivia Peroval

👤 Pam Pence

👤 Thomas Schueneman,

👤 Timothy Joliffe

👤 Wiktoria Zielinska



☐ **Let's Toast** –

Rory Jackson!



Rory was an integral part of The Marine Educational Project, a global STEM learning experience that builds and tracks GPS mini-boats such as the 5ft *Crimson Current* to engage students in **ocean literacy, collaboration and**

problem solving.

The boat, having being discovered by a fisherman off West Cork brought together students from the US and Ireland over a three-year period. Rory worked in a logistics capacity in March of 2025.

He helped students recover the boat having made landfall in a cave, they then took it to a local school where **Rory used his marine expertise and engaging public speaking skills** to educate the young students to prepare the *Crimson Current* for re-deployment.



Talking Speeches with Catherine

□ Go Online –

We warmly welcome guests. As a non-member, check out the clubs' website and register for an upcoming taster meeting. Link: [www https://sustainablespeakers.org/](https://sustainablespeakers.org/)

Members, let's set some goals sign up for roles and speeches today via Easyspeak: <https://toastmasterclub.org/>

□ Sustainable Speech Echoes –

Speech Title: Assessable, Electric and Essential | Delivered 23rd June



Dennis Njobvu believes that switching to electric vehicles is a vital step to safeguard the planet and secure a future for generations to come.

However, if living in the UK on average 1 in 4 have a disability, be that limited strength, mobility or limb use. What about them?

Dennis questions why the infrastructure is not in place to support people using EV's that are living with disabilities. **His message was clear as he explored the topic from a personal perspective, we need to "make sure the road ahead has space for everyone".**

□ When you **Speak** –at this club we **listen** 🗣️

Let's review some quotes from member past speeches...

"Social sustainability depends on networks of supports, knowledge, sharing and collective action".

Md Humayain Kabir, Mar 2025

"Did you know, more material is, in fact, moved by humans than it is through all of the natural processes in the world combined".

Joe Hattersley May 2025

"The next time a company says, we reduced emissions by 12.3% this year. Pause and ask, 'Really, are you sure?'".

Kara Dulai June 2025

□ Let's **Toast** –

Lauren Seward



Lauren works as a Sustainability Programme Manager. She received her level 3 qualification in British Sign Language (2024).

Lauren believes in a world where everyone has the ability to carry out *some* sign language. Amongst her many interests she is the **founder and active moderator of Sustainable Speakers Book Club** and leads with enthusiasm.

As an **ESG advocate** some of Laurens excellent online speeches included titles, "A Toast to Teetotalism" and "Deaf People and the Barriers to Climate Communication". Continually developing her public speaking skills with great success as we have seen in her **impactful contributions**.

□ **Drawing the Line –**

Time to **'thank you' for your time**, let's continue to trot or gallop through as advocates for sustainability!

Every single meeting you attend brings about new opportunities to learn, encourage others and make friends as we develop our communication/public speaking skills.

Happy Summer Holidays to You All!



Sustainable Speakers Club

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