

May 2024



Dear Members and Friends

We believe in the power of storytelling to inspire change. By practising speaking and storytelling, we aim to build confidence in our members to talk about sustainability in a clear and compelling way. We want to show that sustainability is not just about facts and figures, but about real stories that connect with people's hearts and minds.

Upcoming events

Are you ready to Wish?

Join us for an engaging workshop on effective debate.

Date: **13th May 2024**

Time: **Join 6:15pm**, prompt start at 6:30 GMT+1

Register <https://rb.gy/b6yha6>.



Why Attend?

Debating is not just about expressing opinions; it is about presenting them in a compelling and persuasive manner. In this workshop, you'll learn essential techniques to craft persuasive arguments and engage in constructive dialogue.

Key Focus Areas

Structure Your Speech, Use Rhetorical Devices, Speak with Conviction, Emphasise Key Points, Use Evidence and Examples, Address the Opposing Side, Maintain Clarity and Simplicity, Practice Active Listening.

Meet our Newest Member Erin Andrea Craske. Here is what she has to say:

I decided to join **Toastmasters** a month ago. I visited around ten different clubs. **Sustainable Speakers** impressed me with their professionalism, well-structured meetings with no time wasted, mentorship, and, obviously, focus on sustainability. Toastmasters don't have many themed clubs, so this one was a rare find. Besides, they are online only – always a bonus!



On April 22nd, Sustainable Speakers Online Club joined the global celebration of Earth Day, with this year's theme focused on "Planet vs. Plastic."

We really enjoyed Marie Walsh's moving poem, one of our founding members, capturing our commitment to sustainability *"Let's make this Earth Day, a catalyst for change!"*

Educational Awards

A massive thank you to all our contributors for making our awards possible. Your dedication and hard work have truly made a difference in our educational community.

Level 1 Awards: Catherine Barrett Motivational Strategies, Isabel Baros Persuasive Influence, Sarah Ferguson Presentation Mastery

Level 2 Awards: Shirley Gallagher Persuasive Influence

Level 3 Awards: Shirley Gallagher Persuasive Influence, Marc Lottig Presentation Mastery

Level 4 Awards: Shirley Gallagher Persuasive Influence, Marc Lottig Presentation Mastery

A massive congratulations to Shirley Gallagher for achieving her triple crown.

World Ocean Day Swim 8th June 2024



Sarah Ferguson's dedication to ocean conservation through the **World Ocean Day Swim** in Durban is inspiring.

As a record-breaking endurance swimmer, she uses her platform to combat plastic pollution and advocate for ocean protection. The event on June 8th brings together ocean enthusiasts while raising awareness about plastic pollution. With various swim distances, everyone can participate, and all proceeds support Breathe Conservation, Ferguson's nonprofit focused on eliminating single-use plastics.

Breathe Conservation's motto, "**Live Deeply, Tread Lightly**," encourages individuals to reconnect with nature and support marine conservation. Ferguson's passion and alignment with World Oceans Day amplify the event's impact and highlight the need for collective action to preserve our oceans.

Warm Regards,

Kavita Dulai DTM

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Our mailing address is:
Sustainable Speakers Club 53 Cassiobury Drive Watford, Hertfordshire WD17 3AD United Kingdom

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