

July 2024 Newsletter

Dear Members and Friends

July is a month of new beginnings. As we step into a new Toastmasters year, we wish you the best in your communication and leadership journey.

This month's theme for our regular meetings is '**Making Change Happen.**' We provide a supportive and nurturing environment through mentorship, helping you to achieve your goals.

July offers numerous opportunities to enhance your communication skills.



- ❖ A Speech Writing Workshop titled "**Speeches that Matter**," with **Chris Boden**, a seasoned Toastmaster with 17 years of experience.

Chris has tried most methods of creating speeches, from generating ideas to crafting them into powerful presentations, navigating numerous pitfalls along the way. Learn how to create a speech that truly matters on 15th July.

Speech Writing Workshop Date 15th July (6:30 BST) Register <https://shorturl.at/VENZ4>

- ❖ **Regular Meetings** : Monday 8th July and 23rd July [Events \(sustainablespeakers.org\)](https://sustainablespeakers.org)

Our Vision

Cultivating sustainability champions through communication and leadership training; shaping confident voices for a brighter future.

Our goal is to help people lead and speak with optimism, hope, agency, and action.

Visit us as a Guests

[Events \(sustainablespeakers.org\)](https://sustainablespeakers.org)

Members, sign up for speeches and roles . Plan your journey

[Members Page \(sustainablespeakers.org\)](https://sustainablespeakers.org)

Meet our members and changemakers

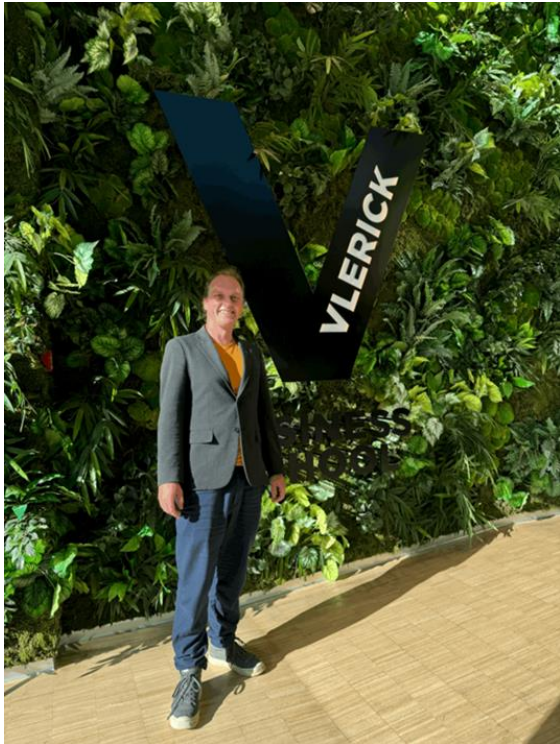
Isabel Baros



We are delighted to spotlight Isabelle Baros, a dedicated member who continues to educate us on [Zero Carbon housing](#). Congratulations to Isabele on completing her course in this critical field! Isabel's 'Crossbeg Passive House' project was featured in the Passive House Plus magazine in June

Isabel has shared some eye-opening facts with us, such as the startling statistic that only one-quarter of the world's population consumes over 50% of the world's total energy and emits over 50% of total carbon emissions. Her optimism is infectious, as she highlights the immense potential the [building sector](#) holds for reducing carbon emissions.

[Introducing Kaj Sennelöv](#)



We are thrilled to announce that Kaj Sennelöv (one of our newer members) has successfully completed the "Take the Lead" course in Sustainability Management at Vlerick Business School! Good luck on your sustainability journey, and we are delighted to have you on the new Committee in SAA role.

Congratulations to Divya Dharshini Ambalavanan!



Congratulations to Divya Dharshini Ambalavanan (a student) for her first presentation on "The Role of Consulting Firms in Staging Corporate Sustainability Risks and Framing Expectations of the Role of Chief Financial Officers (CFOs)." [A special thank you to her mentors at Sustainable Speakers Online for their invaluable support and guidance.](#) Thank you Divya for sharing your learnings at our last meetings. Good Luck with your next upcoming conference in Scotland

Insights from Our Members and Visitors

The reviews speak for themselves. If you're passionate about making a difference and improving yourself, we invite you to join us. [Your future self will thank you for it!](#)

'Aside from the incredibly useful feedback for my prepared speech, I really appreciated the table topic speeches. Being asked to speak on a snap subject takes you out of your comfort zone, but the support from fellow toastmasters helps you develop your confidence fast'

Victoria Walker

Genevea Switzerland , June 2024

"Since joining the club I discovered that it's full of people who are passionate about the planet and sustainability. I can't wait to continue my journey and using any information obtained to pass onto those in my circle of influence. The meetings have been extremely well run and I feel inspired after each meeting which is the beauty of Toastmasters."

Graham Dunne
Dublin, Ireland
June 2023

Thank you to everyone who shared their thoughts and the contribution.

Yours Sincerely

Sustainable Speakers Team

PS This club was created by 'change-makers for change- makers'....As our education team puts it !